

Mini Growth Groups

@ SGAC Spring 2023



What are Growth Groups?

- Groups consist of 4 to 20+ people.
- Groups last 4 weeks.
- Groups meet at the church, in homes or outdoor locations.
- Groups to help you grow in your faith, make new friends and share life together!

Sign Up Today or Register Online
@ sgac.net/EventRegistrations

Don't Miss
Out!

Most groups
begin the week
of May 28

7+ Groups to
Choose From

- General - For Everyone
- Activity Groups
- Couples Group
- Men's & Women's Groups
- and More!!

Grow in Your Faith * Make New Friends
Get Connected * Short-term Commitment



Growth Groups

Spring 2023

FREQUENTLY ASKED QUESTIONS

At SGAC our mission is: To Know Jesus, To Know One Another, and To Make Jesus Known. In order "to know Jesus" and "to know one another" our goal is to have every adult that calls SGAC their home church involved in a Growth Group.

Four great reasons to join a Growth Group:

- Weekly Bible studies will help you grow in your faith. (Psalm 119:11; 2 Timothy 3:16-17)
- Prayer from others helps you get through tough times. (Philippians 4:6; 1 John 5:14-15)
- You'll meet new friends. (Proverbs 27:17)
- You'll have fun with other people going through the same things you are. (Ecclesiastes 4:9-10)

What is a Growth Group?

Growth Groups are SGAC groups of 4 to 20+ people that meet to learn more about the Bible, grow in their faith, and meet some great new friends.

Is there a group that's right for me?

There are a variety of groups that meet at different times, days of the weeks, and places so you'll have the chance to find the group that is right for you. And you'll have the opportunity to meet others who share your experiences and are going through similar things as you right now.

When can I sign up?

Sign-up will begin May 14, 2023.

When will my group meet?

Most Growth Groups meet once a week. Groups meet 4 times over the semester. It's a short-term commitment but the positive impact on your life will be long-term.

What will the people in my group be like?

Look around on a Sunday morning. A Growth Group is made up of the same people that attend an SGAC Sunday service. You'll most likely see a few people that you have seen on Sunday as well as some people that you're meeting for the first time. It's a great way to get to know other people outside of Sunday service.

Where will the Growth Groups take place?

There will be Growth Groups hosted in Spruce Grove & Parkland County homes and outdoor locations, as well as at the church.

Still have more questions?

Contact Pastor Joel or Pastor Karen or call the church office at 780-962-4700.

Growth Groups

Spring 2023

GG
#1



General Activity Group - Far from Par

Sundays 4:00 pm (Starting May 28)

Location: Rotating Golf Courses

Led by: Brent & Blaine

Join others from SGAC for a round of golf at a different golf course each week. Everyone is responsible for their own green fees. This group is weather dependent.

May 28 - Trestle Creek

June 4 - The Ranch

June 11 - The Links

June 18 - Devon Golf Course

GG
#2



Men's Activity Group - Hot Tub

Mondays 7:30-9:30 pm (Starting May 29)

Location: Nixon Home - Spruce Grove

Led by: Ryan

Listen & discuss "Tactics" by Greg Koukl while sitting in a hot tub.

Please bring your own towel & swim trunks. Space is limited.

TUESDAY DROP-IN GROUP



Parents & Kids - Park Play Days

Tuesdays 10:00 am (Starting June 6)

Location: Rotating Play Grounds

Led by: Trish & Christina

Registration is not required for this drop-in group. Connect with other SGAC parents as you watch your children play together at the park.

June 6 - Jesperdale Park

June 13 - Deer Park

June 20 - Aspenglen Park

June 27 - Beechmont Park

Watch the SGAC Women's Facebook page for updates / changes.



Growth Groups

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WEDNESDAY GROUPS

GG
#3



Women's Activity Group - Walk/Talk/Connect Wednesdays 10 am - 12 noon (Starting May 31)

Location: Chickakoo

Led by: Angele & Paula

Meet at the upper parking lot of Chickakoo, rain or shine.

Walks will be stroller friendly using double wide trails with some flat & rolling hills.

GG
#4



General Activity Group - Campfire Wednesdays 7:00 - 8:30 pm (Starting May 31)

Location: Houcher Home - Parkland County

Led by: Dan & Karen

Enjoy time around a campfire/propane fire each week connecting with others.

Please bring your own lawn chair. This group is weather dependent.

GG
#5



Women's Group - Sunshine Room Wednesdays 7:00 - 8:30 pm (Starting May 31)

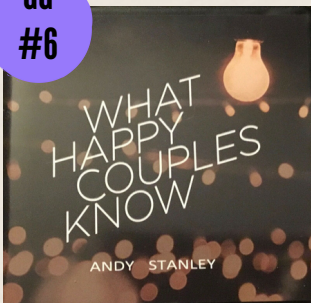
Location: Wiebe Home - Spruce Grove

Led by: Natasha & Julie

Women of all ages are invited to sit with old or new friends in the sun. This covered sunroom will give shelter, even if the spring brings rain. Come ready to share what God is doing in your life & we'll pray and celebrate together.



GG
#6



Couples Group - What Happy Couples Know Wednesdays 7:00 - 9:00 pm (Starting May 31)

Location: Church

Led by: Jason & Mary

All couples welcome from pre-marriage to empty nesters and every couple in between. Start the night with a light activity in the gym or short board game to get to know other couples. Followed by video teaching from Andy Stanley where you'll learn three habits of happy couples & start practicing those habits with discussion questions for you & your spouse.

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THURSDAY DROP-IN GROUP



Men's Floor Hockey

Thursdays 7:00 - 9:00 pm

Location: Church

Led by: Dagen

Registration is not required for this drop-in group. Bring your own equipment & join in on this weekly Thursday night game.

FRIDAY GROUP

GG
#7



Family Group - Friday Night Family Fires

Fridays 6:30 - 8:30 pm (Starting June 2)

Location: Nixon Home - Spruce Grove

Led by: Crystel & Ryan

Come as a family & visit around the campfire. Bring your own drink and anything you want to roast on the fire. There will be a short devotional each week from "4 Minutes for Frazzled Families" by Phil Callaway. This group is weather dependent & space is limited.

SATURDAY GROUP

GG
#8



Parents & Kids - Street Hockey

Saturdays 1:00 - 2:00 pm (Starting May 27)

Location: Church

Led by: Andrew & Erik

Bring your kids & join in some friendly street hockey in the church parking lot. Please bring your own sticks.





Growth Groups

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TYPES OF GROUPS

Activity Groups

Sunday (GG #1)
Monday (GG #2)
Wednesday (GG #3 & #4)
Saturday (GG #8)

General Group

Sunday (GG #1)
Wednesday (GG #4)

Drop-in Groups

Tuesday - Park Play Days
Thursday - Men's Floor Hockey

Couples & Family Groups

Wednesday (GG #6)
Friday (GG #7)
Saturday (GG #8)

Men's Group

Tuesday (GG #2)

Women's Groups

Wednesday (GG #3 & GG #5)

Here's what a few people are saying about Growth Groups:

"I believe that Growth Groups is a vital and vibrant ministry opportunity. I appreciate the opportunity to meet new people and have fellowship mid-week. The fellowship we experience at a study at home in the evening is deeper than the Sunday morning greeting variety of fellowship. This fellowship follows through to prayer and contact throughout the weeks. It helps each individual to feel seen in their church. I also believe this type of fellowship translates to a more genuine fellowship in the foyer on Sundays. People are getting to know one another on a deeper level." LF

"Thank you! We have been at your church for 6 weeks and it is already starting to feel like home." DV

"This has been such a positive experience for my husband and I." CS

"We are new to Alberta and the church, and found the Growth Groups to be a wonderful way to connect and feel at home at SGAC and also be challenged to grow spiritually." MJL

